

Changing a nappy without spreading germs



Getting ready

STEP 1

Ensure all supplies, including a hands-free lidded bin, are nearby

STEP 2

Do hand hygiene

STEP 3

Put on disposable gloves

STEP 4

Put clean paper sheet on the change table



Changing

STEP 1

Remove child's nappy

! Put any disposable items into the bin
Put any non-disposable items in a plastic bag and sealed container

STEP 2

Clean the child's bottom

! Put the wipes and the change table paper into the bin

STEP 3

Remove gloves

! Put the gloves in the bin

STEP 4

Put on clean nappy and dress the child

STEP 5

Take child away from the change table

STEP 6

Do hand hygiene for yourself and the child



Cleaning after every nappy change

STEP 1

Put on utility gloves for cleaning

STEP 2

Clean the change table with detergent and water, then rinse and dry

STEP 3

If body fluids have touched the change table, wipe with disinfectant and dry

STEP 4

Do hand hygiene

