



There are many resources available to help families and children enjoy a positive start to school.



Download resources to support a great start to school at [www.qld.gov.au/transitiontoschool](http://www.qld.gov.au/transitiontoschool)

### What else can I do?

- Remain positive about starting school, knowing that children settle in their own time.
- Share your child's kindy transition statement with your new school.
- Rest and relax together to support your child's wellbeing.

### Find out more

- Visit [www.qld.gov.au/transitiontoschool](http://www.qld.gov.au/transitiontoschool) for more information and to download the online resources.
- Email [transitions@qed.qld.gov.au](mailto:transitions@qed.qld.gov.au)



# Starting school

## Tips to support your child



# What can families do together?

Many children wonder what starting school will be like. It is a big change for your child and family.

A positive start to school can help your child develop a lifelong love of learning.

You know your child best and play a big role in helping them transition to school.

Here are some practical ideas for supporting your child at this important time.

## Talk about school

Talking with your child about their first few days at school is an easy way to support them.

### Talk about:

- their first day
- how to make friends
- your happy memories of school.



## Read with your child

Reading with your child is special. You are bonding together and supporting their growth.

### Sharing books with your child:

- builds their reading and language skills
- encourages a lifelong love of reading
- grows their understanding of the world.



## Build independence

At school, your child will look after their belongings and follow daily routines. Independence supports your child to join in at school.

### You can support your child's independence by:

- setting up morning and evening routines
- helping them choose a lunch box they can open and close
- practising putting on their socks and shoes.



## Celebrate starting school

Starting school is a time to celebrate. Your child will feel important and their confidence will grow.

### Celebrate starting school by:

- counting down to the first day of school
- taking photos of your child's first day
- have a family party.



## Your school community

Starting school is a chance for you to make new friends with other families and support each other.

### You can meet other families by:

- going to school P&C nights
- helping in the tuckshop or uniform shop
- spending time in your child's classroom
- attending events at the school.



## Your child's wellbeing

Your child's excitement about starting school may be mixed with sadness about leaving home and kindy, and worry about what school will be like.

### You can support your child's wellbeing by:

- talking about how they are feeling and why this might be
- teaching them how and who to ask for help
- making time to rest before school starts and over the first few weeks.

